

The Lemon Grove REVIEW

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Vol. 43, No.52

Serving Lemon Grove and nearby communities

Thursday, August 22, 1991 25¢

City courting Home Depot for redevelopment area

Project could raise City's tax revenues by \$500,000 per year

by Lindy Magner

Acting as the City's redevelopment agency at its August 19 meeting, the Lemon Grove city council approved \$100,000 for preliminary studies on the siting of a major retail business on the north side of Broadway.

If these studies prove favorable, Home Depot, a national building supply chain, would be given the green light to relocate its University Avenue (La Mesa) store to Lemon Grove on a 9-acre parcel which stretches from Broadway to North between Buena Vista and Corona, which would displace a 36-unit trailer park, an apartment complex, 23 homes and five businesses.

According to Jack Shelver, City Manager, the first three studies would commence "very quickly" and include a preliminary appraisal of the property, as well as an investigation by HazMat as to what ground contamination (such as leakage from old fuel tanks, etc) may exist on the site. Also, a preliminary study on the cost of relocating those which the project would displace must be done.

If these three studies prove favorable, the City will move forward on the necessary Environmental Impact Report, said Shelver, adding that the "main concern" of the EIR will be the influx of traffic expected to occur from such a business.

"The amount for these four studies which the best estimate is will cost \$100,000, has already been included in the (redevelopment) budget for this year in anticipation," said Shelver.

According to Frank Spevachek of RSG consultants, the City's redevelopment consultant, if the Home Depot project moves forward, it would be the major redevelopment project for the next five to eight years and require the bulk of redevelopment monies (but not interfering with those projects already under way).

"This project is truly what

bulk of redevelopment monies (but not interfering with those projects already under way).

"This project is truly what redevelopment is all about - a well-placed project with an overall benefit to Lemon Grove - though it will displace some residents," said Spevachek, though he noted that certain factors could prove the project too costly for the City.

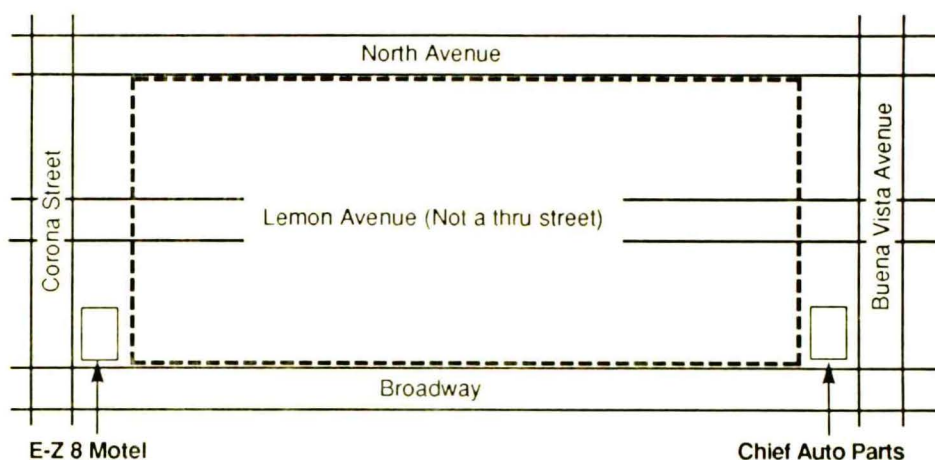
"In dealing with a project like this, where we are assembling parcels in the (Highway) 94 corridor, it could be an expensive one," he said, adding that there were also "topography issues" such as slopes which would be involved in preparing that site for development. "We would like to come back to you in 60 or 90 days to see if we should proceed with acquisition (of the property) after we've moved forward with studies and solicited input from residents there," Spevachek told the Council.

Following Spevachek's presentation, Jim Lyon, real estate manager for Home Depot, spoke on thinking we've decided to build a new store which would allow us the space to do the things we cannot do in a small site which is short on parking," said Lyon, "I have a fully-approved project - this is not a case of having to go seek approval from the management."

Lyon then showed Council a video on the 12-year-old nationwide company now boasting 150 stores (that figure will be 175 by end of year) which will rack up \$5 billion in sales this year.

Also, in redevelopment business, Council members awarded the contract for the pedestrian access way which will provide a landscaped area between the just-constructed Lester Avenue parking lot and the shops on Broadway, to Castello Construction. The amount of the contract was \$82,911. Work on the walkway is expected to begin the first week in September with completion by mid-October.

Proposed Home Depot Site in Lemon Grove



This diagram is not to scale, but shows, within the dotted lines, the area which the redevelopment agency proposes to obtain for Home Depot.

Map above shows the area which would be included in the Home Depot site. Everything east of the E-Z 8 Motel and west of Chief Auto Parts, from Broadway to North would be included. Lemon Grove Honda Kawasaki, Detroit Transmission Products and the Cotija Taco Shop on Broadway and two businesses on North would be knocked out by the project, along with apartments, 23 houses and a trailer park.

Helix Water District adopts statewide water conservation policies

The Helix Water District Board of Directors signed an historic, statewide water conservation agreement on August 14.

Urban water agencies, state water officials, environmental groups and representatives from several cities cooperated to hammer out the "Memorandum of Understanding" regarding urban water conservation in California.

Water districts agree to carry out active conservation programs, including the sixteen "Best

Management Practices" which have proven effective in saving water. Key points include conservation-oriented public information and school education, pricing structures to promote conservation, retrofit programs of low-flow devices, and water audits.

"Dwindling supplies have made it apparent that Northern and Southern California water interests must work together to establish a uniform water conservation ethic," said Warren

Buckner, Chairman of Helix's board of directors.

"This statewide blueprint will reduce finger-pointing and enhance water savings," he said. The proposal could save up to a million acre-feet of water a year. An acre-foot serves two families for one year. Environmental groups participating in discussions framing the agreement included the Environmental Defense Fund, Mono Lake Committee and the Sierra Club.

Hazardous material event draws a crowd

by Paul Treske

La Mesa's first effort at holding a Saturday morning hazardous waste collection event appeared to be an outstanding success - even before it started.

Almost 100 cars were lined up in a serpentine formation in the Helix High School Lowell Street parking lot when the August 17 collection event officially began at 9 a.m. Through at least the first hour of the morning, cars entered the line at the rate of one or two a minute as area residents unloaded a vast variety of dangerous substances to be handled by the white-clad and latex-gloved crew.

Site manager John Kolb of the County's Regional Household Hazardous Materials Program required all close onlookers and reporters to don the white security coveralls and green latex gloves

needed for maximum safety while dealing with the toxic substances.

Long tables manned primarily by employees of Greenfield Environmental Co. soon filled with an almost exotic hodgepodge of paints, cleaning products, gardening products, pest sprays and powders, etc. These were sorted and divided into special sections by staff with chemical experience, and carefully inventoried before packaging. Paint items, which far and away represented the bulk of disposed products, were placed in tightly sealable metal containers. At the other end of the area, waste oil was placed directly into a tanker truck on the premises.

Kolb noted that the categorizing and handling of the various hazardous wastes is governed by Department of Transportation guidelines. Once an event such as this is completed, everything col-

lected is taken to Appropriate Technologies in Chula Vista where some products are recycled and others are incinerated.

Lori Anderson, hot line operator for the Regional Household Hazardous Materials program, noted that she receives a barrage of calls prior to a collection event. Although most appear to center on paint disposal, she occasionally receives unusual calls. Several have concerned the disposal of old TV tubes, which in earlier days, are believed to have contained mercury.

Following the event, Assistant to the City Manager of La Mesa Sandra Schultz reported that, in all, 670 vehicles took part in the four-hour event. Although the final recap of materials received was not yet available, Schultz noted that the volume was greater than expected.

Don't miss the opportunity join the members of the Lemon Grove Chamber of Commerce in a Potluck Supper on Wednesday, August 28th, 5:30 p.m. at the Lemon Grove Community Center.

Call Joyce Lazok, Chamber Exec.-VP, at 469-9621 and let her know you're coming.

Chest pain center opens

Generally, about 90 minutes or more pass from the time a heart attack victim arrives at a hospital to the time heart-saving medical treatment can begin.

On August 22, that changed in San Diego County. On that date, Grossmont Hospital opened its Chest Pain Center - the first comprehensive chest pain center in the County.

The Center will cut down the length of time it takes to begin definitive treatment for heart attack victims," said Ronald Goldberg, M.D., who along with Peter Colaprete, M.D., will oversee the Center. Goldberg is a cardiologist in private practice in La Mesa; Colaprete is the medical director of Grossmont Hospital's emergency department.

Goldberg explained that during a heart attack the blood supply to the heart is cut off. The more time that passes before that blood supply is restored, the greater the damage will be to the heart. The Center will be able to begin treatment within 30 minutes, rather than the usual hour and a half which passes in a traditional emergency room setting.

"That's why the emergency care a heart attack victim receives in the first hour can mean the difference between life and death or quality of life once that person leaves the hospital," he said. "A great deal of research has shown that the sooner treatment is started, the better the chance for recovery."

The Chest Pain Center is located directly adjacent to the hospital's emergency room and will be devoted strictly to treating patients who are experiencing chest pain and other symptoms of a heart attack.

Goldberg described the symptoms of a heart attack as any one or combination of the following: pain or burning in the chest, shoulders, throat and/or arms; shortness of breath, dizziness, cold sweat; and/or faintness.

"These symptoms can be mild or severe. If you're not sure, it's better to be safe and have it checked right away. Don't waste time - every second is precious," said Goldberg.

Vacation Bible School offered

Lemon Grove United Methodist Church invites everyone to participate in their Vacation Bible School. "God's Champions" will be the theme for the week. It will be an evening session with classes being held Aug. 26-30 from 6 to 8 p.m. Register at the church office at 3205 Washington, or by calling 466-3291.

Lemon Grove firefighters get into the spirit of giving



Last Sunday, Lemon Grove firefighters hosted a lunch of burgers and hot dogs for firefighters participating in the California Firefighters Burn Relay, which stopped at fire stations throughout the County.



Of course, Lemon Grove firefighters couldn't let the caravan of fire trucks leave without first presenting their \$500 donation to the Alisa Ruth Burn Foundation to benefit burn-injured children. Helping hold the check is Monica Zech (right), who ran 'traffic control' for the fire trucks.

WEATHER

The following information was provided by the Lemon Grove Fire Department:

| | High | Low |
|-----------|------|-----|
| August 11 | 86 | 64 |
| August 12 | 98 | 67 |
| August 13 | 80 | 72 |
| August 14 | 80 | 65 |
| August 15 | 84 | 66 |
| August 16 | 81 | 65 |
| August 17 | 81 | 65 |

Precipitation this year to date is 0.37," while for the last year to date the precipitation was 0.00." (From 7/1)

LWV round table focuses on growth

"Growth Management - Regional or Local?" is the topic of the Round Table sponsored by the League of Women Voters on Tuesday, September 3. The speaker will be El Cajon Councilwoman Harriet Stockwell, who serves as that city's representative to SANDAG.

The Grossmont-Cajon Valley LWV has invited Stockwell, also a member of the Regional Water Quality Control Board, to provide a local update on how SANDAG and the 18 cities of the County are tackling the issue of growth management.

A past State LWV president, Stockwell states that all the communities are looking at the first draft proposal on the growth management issue.

The public is invited to the luncheon meeting from noon to 1 p.m. at the East County Regional Center (cafeteria meeting room), 250 E. Main, El Cajon. Lunch may be purchased.

Lemon Grove Review

P.O. Box 127, Lemon Grove, CA 91946 • (619) 469-0101

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Pete Kaufman Publisher

Submissions

Letters, editorial and photo submissions are welcome, but will not be returned to sender unless accompanied by self-addressed, stamped envelope. All materials must be received by the Monday preceeding the date of publication. The editor reserves the right to edit all submissions.

Advertising

All advertising is subject to current rate card. The publisher reserves the right to reject an advertiser's order. Only publication of an advertisement shall constitute final acceptance. Send all correspondence to: Forum Publications, Inc., P.O. Box 127, Lemon Grove, CA 91946

Sheriff's Dept. Log

August 11, 1991

6900 blk. Broadway. Robbery - cash - \$288.

August 13, 1991

7100 blk. Broadway. Robbery - cash - \$122.

7900 blk. Lansing. Residential burglary - Phone, jewelry, cash, coins - valued at \$150.

August 15, 1991

3100 blk. Olive. Residential burglary - TV, answering machine - valued at \$150

August 16, 1991

8000 blk. Blossom Ln. Residential burglary - coins - valued at \$39

7900 blk. Broadway. Commercial burglary - clothing, jewelry, cash valued at - \$4,544.

August 19, 1991

6900 blk. Broadway. Robbery - Ford Escort - valued at \$6,000. -

Lemon Grove Fire Log

August 9 through 15, 1991

6500 blk. Federal Blvd. Traffic accident.

3100 blk. School Ln. Facial laceration.

Hwy 94/Massachusetts. Vehicle accident.

7600 blk. Canton Dr. Illegal burn.

7600 blk. Broadway. Commercial/Industrial fire.

8100 blk. Broadway. Unknown medical.

8500 blk. Blossom. Injury.

3200 blk. Olive. Diabetic problem.

7100 blk. Broadway. Person down.

8300 blk. Broadway. Accidental alarm.

8000 blk. Broadway. Vehicle fire.

7900 blk. Palm. Commercial/Industrial fire.

2000 blk. Englewood Dr. High blood pressure.

9000 blk. Jamacha Rd. Commercial/Industrial fire.

1400 blk. San Altos Pl. Arcing wires.

1400 blk. Sweetwater Ln. Medium wildland

8400 blk. Royal. Single-engine response.

6300 blk. Plaza Cuernavaca. Structure fire.

3200 blk. Main. Vomiting blood.

7400 blk. Pacific. Fall.

7900 blk. Palm. Commercial/Industrial fire.

3200 blk. College Pl. Elevated blood pressure.

Hwy 94/Massachusetts. Broken foot.

8100 blk. Lemon Grove Way. High blood pressure.

7100 blk. West View Pl. Unknown medical.

7700 blk. High. Difficulty breathing.

3700 blk. Fairway Dr. Vegetation fire.

1000 blk. Bass Rd. Person down.

Hwy 94/Massachusetts. Vehicle fire.

7900 blk. Palm. Commercial/Industrial fire.

PUBLIC NOTICES

NOTICE OF TRUSTEE'S SALE

T 078750
T S. No. 1140
YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED AS SHOWN BELOW. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below.

The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, if any, under the terms of the Deed of Trust, interest thereon, fees, charges, and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be as set forth below. The amount may be greater on the day of sale.

--Trustor: H. L. Perry, a single man
--Duly Appointed Trustee: Peninsula Funding Corporation

--Trust Deed Date: January 4, 1991
--Recording Date: January 11, 1991
--Instrument Number: 91-0015869
--Recorded in County of San Diego, State of California

--Date and Time of Sale: September 17, 1991 --at 1:00 P.M.

--Place of Sale: at the entrance to the County Courthouse, 220 West Broadway, San Diego, California

--Estimated Sale Amount: \$27,669.90

--Legal Description of Property: Lot 18, Block 9, MONTEREY

HEIGHTS, in the City of LEMON GROVE, County of San Diego, State of California, according to Map thereof No. 1966, Filed in the Office of the County Recorder of San Diego County, December 6, 1926. APN: 577-080-14-00.

--Street Address of Property (or other common designation, if any): 7861 Nichols Street, Lemon Grove, California

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale.

Beneficiary: W. K. Ledgard Jr.
Peninsula Funding Corporation,
Trustee, as said Trustee by Secured
Equity Mgt. Inc. Agent 7946 Ivanhoe
Ave. #106, La Jolla, CA. 92037 (619)
459-7646 By: Debbie Smith, Agent
Date: August 9, 1991
Aug. 22, 29, Sep. 5, 1991
Lemon Grove Review

B-Words

Personal comments of Councilman Bob Burns

Traffic Woes

The corner of North Avenue and Buena Vista has had another bad accident. It seems that the traffic that comes south on Waite Drive from La Mesa cannot resist the temptation to "shoot" through the tunnel under Highway 94. They are not visible until they emerge from the underpass, so that a driver on North can easily be caught unaware in coming out on to Buena Vista.

The purpose of this piece is to explain the process by which an intersection is considered for some change, or not, in signage or other form of traffic control. What jumps into one's mind immediately as the panacea to cure all traffic ills is the four-way stop. Or, possibly, a traffic light signal control is needed to prevent accidents. The first impressions are often just the opposite to what really needs to be done.

If you have a problem with a crossing or a stretch of street where repeated problems occur, here is what you should do: write out your fears, complaints and suggestions for amelioration of the problem. Send them to the Traffic Advisory Committee at City Hall (3232 Main St., Lemon Grove, CA 91945).

At regular intervals, the committee meets to examine the problems that have accumulated from the public sector of from City staff. A traffic engineer, a police officer and City staff comprise the committee which examines the problems in depth. The decisions are made with considerations of cost (we cannot have a traffic signal light on every corner), and more importantly, as to what can be done to really improve the situation. Sometimes, a four-way stop will cause more accidents. In the case of the North Avenue/Buena Vista intersection, this could actually be the case. With the cars coming barreling down the incline and through the tunnel, a stopped car at the intersection would probably cause more rear-end collisions than we have at present.

The flow of traffic is a determination that is the result of much study and is important to keep moving where possible to

avoid pileups of cars especially at peak hours. Our streets have been studied and the speeds so designated to foster safety as the primary concern. Sometimes, the obvious solution to a problem can be just the wrong thing to do even though the effort is intended to improve a bad situation.

If you have a question about a traffic situation that does seem incongruous or dangerous to you, or, if you have a corner that seems to be accident prone, consult the Traffic Advisory Committee.

Our City staff is dedicated to serve the residents of our little town, but there is a proper way to do things. With traffic concerns, as well as others, please call City Hall for help - 464-6934.

Admiral of the Seas

On October 12, 1492, an Italian, financed by the Spanish Queen, ended a long and dangerous voyage by landing on this side of the Atlantic Ocean. We used to say, "In fourteen hundred ninety two, Columbus sailed the ocean blue," in appreciation of the "discovery" of America by "Admiral of the Ocean Sea" Christopher Columbus.

October 12, 1992 will be the 500th anniversary of that feat.

The three tiny ships were searching for China, and when they first glimpsed the native Americans, they were sure that they had not succeeded in that quest. They were welcomed by the inhabitants who had no idea that it was actually the beginning of the colonization of the American continents. He did prove that the world was not flat, and that ships would not fall off the end of the earth as supposed by many of the scientific community at that time. His limited knowledge of navigation and an apparently extreme amount of faith in the Almighty were credited with launching the age of exploration.

There will be many celebrations over the next year and a half to show appreciation for the discovery of the Americas and to honor the man who is credited with it. The Scandinavians claim that a Norseman was the first to set foot on this continent, and the

Irish give the credit to a monk in an oxhide skiff who is purported to have even beat Lief Ericson to the beach. Most everybody gives Christopher Columbus the nod and we even officially observe a holiday in his honor.

His mission was to bring Christianity to new places, according to Queen Isabella and King Ferdinand, but the prospects of riches were certainly not totally ignored along with the high purpose of the adventure. I am personally thankful to him for his discovery, so that eventually my Irish and German grandparents would have a place to which to emigrate. If he had taken a wrong turn at one of the stars he was guiding the ship by, who knows where we would be today. Thanks, Chris, for getting us to Lemon Grove.

It seems like we should do something to celebrate the 500th anniversary of America's birth. The economy will hopefully be better in another year so that maybe someone can come up with a suitable method of honoring Admiral Columbus. It might be an interesting project for a service club to spearhead or possibly, some of our citizens might have ideas that are worth considering.

Councilman Burns will discuss matters of concern to our readers. If you have questions for Dr. Burns, send them to P.O. Box BB, Lemon Grove, CA 91946.

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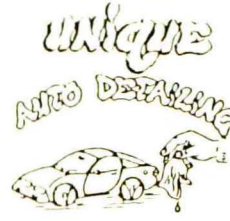
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Commentary

by Paul Treske

A society living in daily fear of its law enforcement establishment is no longer free.

Here in San Diego, we are a long way from that kind of pervasive fear, but if we are to believe a poll published in Monday's Los Angeles Times, 39 percent of those questioned saw the recent rash of incidents involving police officers and Sheriff's deputies as indicative of "a broader systemic problem with the system of law enforcement in the area."

Thus, almost 40 percent of the population sampled rejected the notion that these were merely isolated incidents. The same number now also find themselves "less trusting of law enforcement officials." It is clear, then, that a significant segment of our population is becoming fearful on a personal level of their local police and sheriffs.

One can only sympathize with the plight of today's police officer. He is faced with violent crime on a heretofore unimaginable level. Murder has become a regular part of breakfast fare for San Diegans with new records set each day. The incidence of gangs has grown steadily and the easy, random, murderous destruction they are wreaking is far worse than one can ever remember. The saturation and nature of firearms within the community-at-large and the criminal com-

Fear and Law Enforcement

munity in particular, leave the police out-gunned and out-manned. And, in this border area, the proliferation of drug trafficking adds a final, virtually back-breaking burden.

Given all of this, it nevertheless remains an evermore serious problem for law enforcement agencies to re-convince the public that they are, indeed dependable, principled and disciplined professional organizations. Just saying so, won't do it. Fortunately, if the poll is reliable, a majority of San Diegans still have confidence that their peace officers are legitimately concerned with the public welfare and can be counted on when a crisis comes.

It would seem that our peace officers must find a way of reaching out to the entire public and let them know that the Craig Peyers and Michael Stanewichs are only aberrations and that law enforcement personnel are, after all, well-intentioned and professional. Events such as the recent La Mesa police station's open house allowed the public to see its officers in that positive context.

If law enforcement cannot do this, both in majority and minority neighborhoods, a schism will grow that can only have fear as its end product.

And fear is the ingredient with the greatest power to unravel a free society.

Ripping disguises off blessings

by Joseph Walker

At the time, it felt like the worst thing that had ever happened to me. I ran for student body president at Millcreek Junior High School. And, I lost.

I should have seen it coming. After all, Mark Havens had a lot going for him. He was popular. He was athletic. He was handsome. And, he could grow sideburns - which, for teenagers in the late 1960s, was even more impressive than a pair of granny glasses or a really groovy set of love beads.

But, I had been eighth-grade president and had done a good enough job that I figured the power of the incumbency was with me. Besides, I came up with what I thought was a really "far out" campaign slogan: "I'd Walker A Mile to Vote for Joe." (No, I didn't think it up all by myself. I have to credit my brother-in-law, who, believe it or not, didn't go on to become a high-powered advertising executive.)

Unfortunately, my slogan and my experience were no match for Mark's sideburns. He won handily - but, he was nice about it. He appointed me school photographer, which meant I got to go to all of the same activities and events that he did, only I took the school's Polaroid camera with me - so I could take his picture.

It was a hard year for me, ego-wise. But in retrospect, losing that election turned out to be one of the best things that ever happened to me. I learned valuable lessons that have stayed with me through the years - how to lose graciously, how to maintain dignity despite adversity, how to compose a photograph in such a way that a student body president's nose looks like a huge banana growing out of his face.

And you know what? Three years later, I was elected student body president in high school, thanks largely, I think, to some of those learned lessons (The fact that Mark and his sideburns moved to another town probably didn't hurt, either.)

Life can be like that, toying with us like a wily veteran baseball pitcher. It sets us up with soft stuff - the familiar, the common, the routine. Then, it comes after us with hard-breaking curve balls - heartbreak, unemployment, illness, death - leaving us wide-eyed, slack-jawed and swinging blindly at empty air. It can be embarrassing. Sometimes, it can even be painful. But, if we

just hang in there and keep swinging, eventually we're going to learn to hit the curve. And that can't help but make us better players - not to mention what it will do for our enjoyment of the game.

That's why you'll sometimes hear folks refer to the trials in their lives as "blessings in disguise." It isn't that they welcome adversity, it's just that they have learned that no matter how dark and oppressive the clouds may be and no matter how violent the storm, the winds of change will blow the clouds away and a bright new day will dawn, refreshed and invigorated by the rain.

Of course, it's easy to see the opportunities presented by life's challenges when looking through the rear view mirror of hindsight. But when we're hip-deep in mud - figuratively or literally - it's kind of hard to smile and think about the good things that are going to come into our lives as a result of all this. In fact, lots of people give up long before the blessing can remove its disguise. They focus on the devastation of the flood, for example, but they don't see the long-term benefits of neighbors pulling together to fight the torrent. Or the safety precautions that are put into effect to prevent even worse disasters in the future. Or the re-evaluation and recommitment that happens in the lives of those spared from tragedy.

While it's true that situations sometimes occur that are difficult to understand, much less place in a positive context, it's also true that the greatest asset of the human spirit is its resiliency. It can be battered and abused, frightened and mistreated, and yet, it can still rise about trauma and tragedy - triumphant and unconquered.

I know, I know - it doesn't always work out that way. But, it can if we're willing to try. It isn't easy, and sometimes, like King Arthur's valiant Sir Launfal, we have to "just lie and bleed awhile" before we can "rise and fight again." But we can overcome hardship. We can turn challenges into opportunities. And, we can rip off those disguises and uncover those blessings.

With or without sideburns.

(Joseph Walker is a bishop in The Church of Jesus Christ of Latter-day Saints.)

From Where I Sit Sale-aholics

by Frank Andrews

The dreaded disease, "sale-aholic" is caused by attending too many yard or garage sales and can be addictive. It can get in your blood and can effect your home, family, and friends.

We have some friends (or did have, before this article) in mind that are just an average American couple. Alice and Ben have the disease bad, and that ain't good. They have the art of yard sale attending down to a science. In fact I asked Ben, "Have you ever thought of teaching a course on the subject?"

Every Saturday, come rain or shine, this dauntless couple rise early and plan their forthcoming day with the precision of an Air Force navigator. After just a short cup of coffee, they are "off and running." They make no false moves as they know the area like a book which saves much time and gasoline.

Oh Alice can scan a yard sale a block away to know if it is best, average, or poor. Her signal tells Ben if he should bother to stop and park the car or just go on to the next sale. Now, this takes much savvy, learned from many years experience. If they stop, Ben heads right for the books as they are his specialty. He has now accumulated so many books that he had to add bookcases to his garage and patio. Ben has also accumulated so much knowledge that he could put the mailman, Cliff Clavens of T.V.'s Cheers, to shame.

Alice, at the present time, is on a fruit

jar kick for a good friend of theirs. She first finds a jar of the proper size, making sure that they are genuine Ball, Kerr or Mason, and then runs her fingers over the top rim to check for nicks. She works like a master at her craft, but Ben still carries Band-Aids, just in case.

Their Saturday quota to spend is \$1.00 max. And they have never gone over that quota; although at straight-up 12 they knock it off for lunch which is usually Mexican. Armed with the current newspaper coupons, a Senior discount card, and free beverage ticket, their outlay for food seldom exceeds their yard sale allowance.

Not only are Ben and Alice having a good, productive time taking in as many as 100 sales per Saturday, but they meet many people who are also addicted. They heard about a clinic for "sale-aholics" up North. A place to dry out from their very addictive habit. The members sit around sipping hot chocolate and reminiscing on sales that were special in their lives. The club's theory is: when you get that "yard sale urge" you quickly call a fellow member for help. At that point you and the friend take a big load of former yard sale purchases to the local dump-site, which will usually kill that old feeling. Ben and Alice are thinking of joining just such an organization, but Ben enthusiastically declared, "I just dread getting up in front of the whole gang and admitting, I am a 'sale-aholic.'"

It's the Law

by David P. Branfman, Attorney at Law

Question: I recently opened a new business and was told that I need to file a Fictitious Business Name Statement. Why do I need to do this?

Answer: Of the many inquiries I receive during the course of a year, this is a subject that seems to be a source of never-ending confusion. That's because the rules are deceptively simple and failure to follow them can have devastating results.

Under California law, a Fictitious Business Name Statement (commonly called a "dba") must be filed and published in a number of circumstances. (Most banks also require a Statement to open a bank account.) For example, a sole proprietor of a business whose business name does not include the last name of the individual or whose business name suggests the existence of additional owners must file and publish a Statement. Thus, a business called San Diego Video Supply, or Rufus T. Firefly and Co. would be required to file and publish a Statement. Other words commonly used in business names that suggest the existence of additional owners include: Company, Associates, & Son, Etc. However, use of words other than a last name that merely describe the business being conducted would not require a Statement to be filed and published. For example, use of the name Firefly Video Supply by a sole proprietor named Mr. Firefly would not require a Statement because it contains the last name of the sole proprietor and it does not suggest the existence of additional owners.

For a partnership, a Statement must be filed and published if the business name does not include the last name of each general partner or if the business name suggests additional owners. For a corporation, a Statement is required if the business name is other than the corporate name stated in the Articles of Incorporation. Thus, a Statement is

required even if the corporate name stated in the Articles of Incorporation is Firefly Video Supply or Firefly Video.

Filing and publishing a Statement consists of: 1. Filing out the appropriate form, paying the fee and filing the Statement with the County Clerk; 2. Arranging for the Statement to be published once a week in a newspaper; and 3. Filing proof of the publication in the newspaper with the County Clerk. Some newspapers maintain a supply of Statements and for a reasonable service charge (in addition to the filing and publication fees) will file and publish the Statement and file the proof of publication. Statements are valid for five years and then must be renewed.

The failure to file and publish a Statement when required, results in being prohibited from maintaining any legal action (i.e., lawsuit) on account of any contract or transaction made in the fictitious name. Thus, a lawsuit filed by a business that hasn't filed and published a required Statement could be dismissed and/or could delay the ability to obtain an injunction against improper actions taken against the business. This can be devastating if time is of the essence when for example, you need to stop a former employee from running off with your customer list or you need to stop a competitor from infringing your trademark or copyright.

Other steps can also be taken to protect your name from infringement by others such as registering your name as a service mark or trademark with the State of California and with the federal government. These procedures may be addressed in a subsequent article.

"It's the Law" is designed to provide general information to readers; it is not intended as legal advice. Before taking action on information contained in this article, consult with the Lawyer Referral and Information Service.

Lamplighters present 'The Invisible Ogre' outdoors - and for free!

Come celebrate Lamplighter's summer gift to the children of East County as "The Invisible Ogre" delights children with its six evening performances.

All performances are at the Bryan Amphitheater in Griffen Park, 9550 Mildred St. (behind Grossmont High School, off Water Street).

The play runs for six evenings: August 21, 22, 23, 28, 29, and 30, starting at 6 p.m. Admission is free and families are encouraged to bring picnics to the amphitheater for a relaxed evening of fun.

Included in the "Invisible Ogre" cast are: Lori Lewis, Eufe De La Torre, Kelly Rae Hero, Trenton Shine, Stephanie Britton, William Savage, Newt Paletz, Heather Beachley, Donald Giaguinto, John Feverstein and Paul Treske.

For more information about this production or other Lamplighter productions, call the box office at 464-4598.



Seniors meet for fun and lunch

The Lemon Grove Senior Citizens will meet Monday, August 26 at the Lemon Grove Congregational United Church of Christ (in the church hall) at 2770 Glebe Rd.

Why not take advantage of this opportunity to get out and meet other seniors from this area?

The 11 a.m. meeting will feature a fun, sing-along. Bring a bag lunch; coffee and tea as well as cookies will be served. For more information, call Genevieve at 466-1905.

Subscribe Today to the Review
Call 469-0101

PUBLIC NOTICES

LEMON GROVE SCHOOL DISTRICT
8025 Lincoln Street
Lemon Grove, CA 91945

PUBLIC RELEASE FOR FREE AND REDUCED PRICE MEALS IN THE NATIONAL SCHOOL LUNCH AND SCHOOL BREAKFAST PROGRAM FOR 1991-92

The Lemon Grove School District/Agency takes part in the National School Lunch and School Breakfast Program. Meals are served every school day. Students may buy lunch for \$1.25. Students may buy breakfast for \$.60. Eligible students may receive meals at a reduced price of \$.40 for lunch and \$.30 for breakfast. Students may pay for meals in advance at the school office.

HOW TO APPLY

To get free or reduced price meals for your child(ren), a household member should complete the Application For Free and Reduced Price Meals, sign it, and return it to the school as soon as possible. The application cannot be approved unless it contains complete eligibility information. The application and instructions are available at the school office.

Household means a group of related, or nonrelated, individuals who are living as one economic unit and sharing living expenses. Living expenses include rent, clothes, food, doctor bills, and utilities.

- If a household now gets Food Stamps or Aid to Families with Dependent Children (AFDC), its child(ren) may get free meals.
- If the total household income is at or below the amounts on the California Eligibility Scale for Free and Reduced Price Meals, the child(ren) may receive free meals or reduced price meals.
- A foster child who is the legal responsibility of the welfare agency or court may be eligible for benefits regardless of the household's income.

AFDC and Food Stamp Households

If a household now gets Food Stamps or AFDC, each child's name and the Food Stamp or AFDC case number should be listed in Section A.

An adult household member must sign the application in Section C.

All Other Income Households (wages, salary, pensions, etc.)

If a household does not receive Food Stamps or AFDC for each student listed on the application, Section B of the application must be completed.

List the names of all the children and the schools which they attend.

List the names of other children who do not attend any school.

List the names of the adults (21 years and older) and other household members with income, and the amount, frequency, and source of income.

List the social security number of either the primary wage earner or the adult household member who signs the application. If there is no social security number, indicate that there is none.

An adult household member must sign the application in Section C.

Foster or Institutionalized Children

For Foster or Institutionalized Children answer "YES" to the question in Section B, "Is this application for a foster child?"

Use one application per institutionalized or foster child that is the legal responsibility of the welfare agency or the court.

Write the name of the foster or institutionalized child and the specific school the child attends. If the foster or institutionalized child receives "personal use income," list the child's name, amount and frequency of income in Section B-1 of the application.

The foster parent or agency official must sign the application in Section C.

If a child is living with relatives or friends and is not a ward of the court or the welfare agency, Section B should be completed as an "income household" with all household members listed.

Reporting Changes--If a child is approved for free or reduced price meals, the adult signing the application must tell the school when the household income increases by more than \$50 per month (\$600 per year) or when the household size becomes smaller. Also, if a Food Stamp or AFDC case number is listed, the household must tell the school when it no longer receives Food Stamps or AFDC.

Apply for Benefits--A household may apply for benefits at any time during the school year. If a household is not eligible now, but its income goes down, its members lose their jobs, or the household size becomes larger, the household may complete an application at that time.

Nondiscrimination--Children who receive free or reduced price meals must be treated in the same manner as those children who pay full price for their meals. In child nutrition programs, no child may be discriminated against because of race, sex, color, national origin, age or handicap. If anyone believes there has been discrimination against a child, write to the Secretary of Agriculture, Washington D.C., 20250.

Verification--The information on the application may be checked by school officials at any time during the school year. A household may be asked to send information to prove its income, or current eligibility for Food Stamps, or AFDC. Refer to Section C on the application for more detailed explanation.

Fair Hearing--If a household does not agree with the school's decision on its application or the result of verification, the household may wish to discuss it with the school. The household also has the right to a fair hearing. This can be done by calling or writing the following school official:

Name: Joseph M. Farley, Ed.D.
Address: 8025 Lincoln Street
Lemon Grove, CA 91945
Telephone: (619) 589-5600

Confidentiality--The information a household gives to the school will not be given to anyone who is not part of the school's food program. The information will be used only to decide if the children of the household receive free or reduced price meals and to verify eligibility.

If the household has any questions, or needs help in completing the application, please contact the school principal.

Sincerely,
James I. Justeson, Ph.D.
District Superintendent

The household will be told by the school when its application is approved for free or reduced price meals. If the application is denied the household will be informed.

CALIFORNIA ELIGIBILITY SCALE FREE AND REDUCED PRICE MEALS PUBLIC RELEASE COPY

Children from households with incomes at or below the following levels may be eligible for free or reduced price meals.

INCOME ELIGIBILITY GUIDELINES July 1, 1991 - June 30, 1992

GROSS INCOME SCALE

| | Weekly | | Monthly | | Annually | |
|----|--------|---------|---------|-------------|----------|---------------|
| | Free | Reduced | Free | Reduced | Free | Reduced |
| | \$ | \$ | \$ | \$ | \$ | \$ |
| *1 | 0-166 | 167-236 | 0- 718 | 719-1,021 | 0- 8,606 | 8,607-12,247 |
| 2 | 0-222 | 223-316 | 0- 962 | 963-1,369 | 0-11,544 | 11,545-16,428 |
| 3 | 0-279 | 280-397 | 0-1,207 | 1,208-1,718 | 0-14,482 | 14,483-20,609 |
| 4 | 0-335 | 336-477 | 0-1,452 | 1,453-2,066 | 0-17,420 | 17,421-24,790 |
| 5 | 0-392 | 393-558 | 0-1,697 | 1,698-2,415 | 0-20,358 | 20,359-28,971 |
| 6 | 0-448 | 449-638 | 0-1,942 | 1,943-2,763 | 0-23,296 | 23,297-33,152 |
| 7 | 0-505 | 506-718 | 0-2,187 | 2,188-3,112 | 0-26,234 | 26,235-37,333 |
| 8 | 0-561 | 562-798 | 0-2,431 | 2,432-3,460 | 0-29,172 | 29,173-41,514 |

For Each Additional

| | | | | | | |
|-----------------------|-------|-------|--------|--------|----------|----------|
| Household Member Add: | \$ 57 | \$ 81 | \$ 245 | \$ 349 | \$ 2,938 | \$ 4,181 |
|-----------------------|-------|-------|--------|--------|----------|----------|

*A household of one means a pupil who is his/her sole support.

PUBLIC NOTICES

NOTICE OF TRUSTEE'S SALE

-TRUSTEE SALE NO. 1139
YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED AS SHOWN BELOW. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, if any, under the terms of the Deed of Trust, interest thereon, fees, charges, and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be as set forth below. The amount may be greater on the day of sale.

-Trustor: H. L. PERRY, a single man

-Duly Appointed Trustee: PENINSULA FUNDING CORPORATION, a California Corp.

-Trust Deed Date: January 4, 1991
 -Recording Date: January 11, 1991
 -Instrument Number: 91-0015872

-Book: ---
 -Page: ---

-Recorded in County of: San Diego, State of California
 -Date and Time of Sale: September 11, 1991 at 1:00 PM.

-Place of Sale: at the entrance to the County Courthouse 220 West Broadway, San Diego, California

-Estimated Sale Amount: \$34,581.00
 -Legal Description of Property: That portion of the Easterly 80.00 feet of the Westerly 150.00 feet of the Southerly 225.00 feet of Lot 3 of LEMON GROVE ADDITION NO. 1, in the City of Lemon Grove, County of San Diego, State of California, according to Map thereof No. 731, filed in the Office of the County Recorder of San Diego County, October 31, 1892, lying within the following described Parcel of Land:

BEGINNING at the point of intersection of the Westerly line of the Easterly 80.00 feet of the Westerly 150.00 feet of said Lot with the Northerly line of the Southerly 10.00 feet of said Lot 3; thence North 01°28'57" East along said westerly line 77.80 feet; thence South 87°37'03" East 77.57 feet to a point in the Westerly line of Skyline Drive as said Drive is described in Deed to the County of San Diego recorded February 21, 1955 in Book 5539, Page 527 of Official Records, said point being in the arc of the 1,460.00 foot radius curve concave Westerly in said Westerly line, a radial line of said curve bearing North 88°17'58" East to said point; thence Southerly along said curve 59.90 feet through an angle of 02°21'02" to a point of compound curvature, having a radius of 15.00 feet, thence Southwesterly and Westerly along said curve, a distance of 23.43 feet to a point of tangency in said Northerly line North 80°51'06" West 65.00 feet to the Point of Beginning.

Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal of the note secured by said deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and of the trusts created by said Deed of Trust.

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Trust executed by DARREN SCOTT ALLEN, A SINGLE MAN Recorded 01/05/1991 in Book Page 1483 Inst. # 88-001988 of Official Records in the office of the County Recorder of SAN DIEGO County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 04/30/1991 in Book Page Inst. # 91-0197874 of said Official Records, will Sell on 09/04/1991 at 1:00 PM. at ON THE FRONT STEPS OF THE COUNTY COURTHOUSE 220 WEST BROADWAY SAN DIEGO, CA

at public auction, to the highest bidder for cash (payable at the time of sale in lawful money of the United States), all right, title, and interest, conveyed to and now held by it under said Deed of Trust in the property situated in said County and State and described as follows: THE EASTERLY 213.79 FEET (MEASURED ALONG THE NORTHERLY LOT LINE) AND THE SOUTHERLY 12.69 FEET, MEASURED NORMAL TO THE SOUTHERLY LINE OF THE FOLLOWING DESCRIBED PROPERTY:

THE NORTHERLY 159.39 FEET OF LOT 96 OF RIVERVIEW FARMS, RESUBDIVISION OF LOTS 75, 88, 89, AND 100, AND 108, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO MAP THEREOF NO. 1695, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, FEBRUARY 14, 1917. SAID 159.39 FEET BEING MEASURED ALONG THE WESTERLY LINE OF SAID LOT, THE SOUTHERLY LINE OF SAID 159.39 FEET PARALLEL WITH THE NORTHERLY LINE OF LOT 96

The street address and other common designation, if any, of the real property described above is purported to be: 8936 EMERALD GROVE AVENUE LAKESIDE, CA 92040

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of sale is \$91,635.65

In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right.

Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal of the note secured by said deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and of the trusts created by said Deed of Trust.

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San Diego County on JUL 30, 1991
 Lemon Grove Review
 August 1, 8, 15 & 22, 1991

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 91 28814
 The Name of the Business: SUN DIAL AUTOMATIC WINDOW COVERINGS

located at: 1582 Drexel Drive, P.O. Box 37 in Lemon Grove, CA 91945 is hereby registered by the following owner: RALPH LYMAN SMITH

This business is conducted by an individual

The registrant commenced the transaction of business on 7-25-91

Signature of Registrant: RALPH LYMAN SMITH

Ralph Lyman Smith, owner

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on JUL 30, 1991

Lemon Grove Review

August 1, 8, 15 & 22, 1991

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 91 28815
 The Name of the Business: THE BRIDAL HOUSE

located at: 7014 Central Ave. in Lemon Grove, CA 91945 is hereby registered by the following owner: DELL LAVERNE ANDREWS

7014 CENTRAL AVE. LEMON GROVE, CA 91945

DELL LAVERNE ANDREWS

7014 CENTRAL AVE. LEMON GROVE, CA 91945

This business is conducted by Individuals - Husband & Wife

The registrant commenced the transaction of business on: July 1st, 1991

Signature of Registrant: DELL LAVERNE ANDREWS

Dell Laverne Andrews

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on JUL 30, 1991

Lemon Grove Review

August 1, 8, 15 & 22, 1991

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 91 28816
 The Name of the Business: SAN DIEGO FIBER COATING

located at: 7452 Central Ave. in Lemon Grove, 91945 is hereby registered by the following owners: BILL HAGEN

7452 CENTRAL AV. LEMON GROVE, 91945

LINDA HAGEN

7452 CENTRAL AVE. LEMON GROVE, 91945

This business is conducted by Individuals - Husband & Wife

The registrant commenced the transaction of business on: N/A

Signature of Registrant: W.M. HAGEN

William M. Hagen

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on JUL 30, 1991

Lemon Grove Review

August 1, 8, 15 & 22, 1991

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 91 29299
 The Name of the Business: SAN DIEGO TOWING

located at: 123 35th Street in San Diego 92102 is hereby registered by the following owner: ANNIS E. WINETEER

3578 GILLETTE STREET SAN DIEGO, CA 92102

This business is conducted by: an Individual

The registrant commenced the transaction of business on: 1967

Signature of Registrant: ANNIS E. WINETEER

Annis E. Wineteer

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on Aug 7, 1991

Lemon Grove Review

August 8, 15, 22 & 29, 1991

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 91 29296
 The Name of the Business: CALIFORNIA TOWING

located at: 123 35th Street in San Diego 92102 is hereby registered by the following owner: ANNIS E. WINETEER

3578 GILLETTE STREET SAN DIEGO, CA 92102

This business is conducted by: an Individual

The registrant commenced the transaction of business on: 1968

Signature of Registrant: ANNIS E. WINETEER

Annis E. Wineteer

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on Aug 7, 1991

Lemon Grove Review

August 8, 15, 22 & 29, 1991

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 91 29298
 The Name of the Business: A TO Z TOWING SERVICE

located at: 9190 Clairemont Mesa Blvd in San Diego 92123 is hereby registered by the following owner: A TO Z ENTERPRISES, INC.

CALIFORNIA

This business is conducted by: a Corporation

The registrant commenced the transaction of business on: 6-1-91

Signature of Registrant: ALYCE HARPER

Alyce Harper

This statement was filed with Robert D. Zumwalt, County Clerk of

San Diego County on Aug 7, 1991

Lemon Grove Review

August 8, 15, 22 & 29, 1991

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 91 29297
 The Name of the Business: LEMON GROVE TOWING

located at: 9190 Clairemont Mesa Blvd in San Diego 92123 is hereby registered by the following owner: A TO Z ENTERPRISES, INC.

CALIFORNIA

This business is conducted by: a Corporation

The registrant commenced the transaction of business on 1955

Signature of Registrant: ANNIS E. WINETEER

Annis E. Wineteer, Secretary

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on Aug 7, 1991

Lemon Grove Review

August 8, 15, 22 & 29, 1991

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 91 29297
 The Name of the Business: LEMON GROVE TOWING

located at: 9190 Clairemont Mesa Blvd in San Diego 92123 is hereby registered by the following owner: A TO Z ENTERPRISES, INC.

CALIFORNIA

This business is conducted by: a Corporation

The registrant commenced the transaction of business on 1986

Signature of Registrant: ANNIS E. WINETEER

Annis E. Wineteer, Secretary

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on Aug 7, 1991

Lemon Grove Review

August 8, 15, 22 & 29, 1991

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 91 30270
 The Name of the Business: UNIQUE AUTO DETAILING

located at: 7937 North Avenue Suite B in Lemon Grove, CA 91945 is hereby registered by the following owner: JEFFERY C. CARPENTER

7645 PACIFIC AVE. LEMON GROVE, CA 91945

This business is conducted by: an Individual

The registrant commenced the transaction of business on: 06/01/91

Signature of Registrant: JEFFERY C. CARPENTER

Jeffery C. Carpenter

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on Aug 21, 1991

Lemon Grove Review

Beware: Cholera is coming our way

Mexico has just signed an agreement with the United States and Canada calling for urgent action to control a cholera pandemic which is expected to reach San Diego in a few months. Mexico reported 402 cases of cholera last week, and the disease is spreading.

By bordering Mexico, San Diego is exposed to untreated sewage from that country, and could be among the areas in the United States to see cases of cholera.

Cholera can be fatal and causes dehydration through fluid loss. Symptoms can occur within as little as a few hours from the time a person is exposed to the disease. If untreated, death can occur rapidly.

Terry Myers, R.N., infection control coordinator at Grossmont Hospital, said the average person

need not be concerned about contracting cholera unless he or she eats food or drinks water which has been contaminated with the disease. Flies can carry the disease from untreated sewage to food and water, Myers explained.

While most areas of San Diego County have adequate sewage sanitation, Myers said that areas frequented by migrant workers like South Bay, might find cases of cholera occurring there.

"With the knowledge that cholera is in this hemisphere, doctors should be aware of it. Don't be afraid to ask your doctor to screen for it, if you think you might have been exposed," said Meyers.

Symptoms include watery diarrhea, vomiting or dehydration. Myers said that cholera can be avoided by taking some preventative measures.

"Many people like to go camping in Mexico or they travel there to aid some of the impoverished communities. The best way to prevent contracting cholera while there, is to chlorinate or boil any water before drinking it, wash your hands and food with clean water and thoroughly cook food before eating," she said.

"Another reason people go to Mexico is to bring back shrimp and lobster which we often see being sold out of the trunks of cars along the roadsides here in San Diego," she continued. "While the great prices offered make it tempting to stop and buy, I would recommend against it - unless it's known that the water it came from was not contaminated with untreated sewage."

Myers said that with prompt treatment, the recovery rate from cholera is excellent.

In the Service

Navy Petty Officer 2nd Class Brian K. Waymire, son of William L. and Sandra L. Waymire of Lemon Grove, recently returned from deployment to the Middle East in support of Operation Desert Storm while serving aboard the destroyer USS Paul F. Foster, homeported in Long Beach, CA. He joined the Navy in April, 1986.

Letter to the editor

Dr. Burns:

I was wondering if you feel the same about our "police protection" as I and most of the members of our Lemon Grove Post, Veterans of Foreign Wars, #2082.

All of them that I have spoken to say the same thing, that we are paying more and getting less protection.

I'd like to hear your opinion on this matter.

Also - most of the members say that since we are NOT a village in the country, but a good city. We should be able to vote for our Mayor and not let four or five people tell us what we have to have. Just why can't we vote for our Mayor. I would like to hear your opinion on this matter, also.

Is there any way you can put it into the Review?

Respectfully Yours,

W. Happy Blake

Dr. Burns asked that we publish your letter to get some feedback from other readers and see how others feel about these subjects.

LeBeau to speak to women's group

Carol LeBeau, anchorwoman for Channel 10 News, will speak about her spiritual journey in a presentation at Foothills United Methodist Church on September 4. Her presentation will be to the newly-formed "Women at the Well" group designed to develop and strengthen friendships and spiritual growth of women. Each month a catered dinner will be served at 6:30 (reservations required) and special music and inspiration will abound. Childcare will be available. The group will begin meeting on the first Monday of each month beginning in October. For dinner reservations for the September 4 meeting, send a check for \$7 to Foothills United Methodist Church by September 1. For more information, call the church office at 670-4009.

Volunteers sought for health insurance counseling

The California Department of Aging HICAP (Health Insurance Counseling and Advocacy Program) is seeking volunteers interested in helping seniors with Medicare and health insurance problems. The next four-day training will be held in early November. Join a team of excellent counselors by calling 565-8772 for an application.

Drilling for liquid gold?

No, the people around town who are drilling, are not hoping to hit oil. Last week the *Review* received a call from a reader wanting to know what was going on at the corner of Kempf and Broadway. An inquiry to Les Ruh, City engineer, confirmed that in recent weeks both gas stations have been checking to see whether or not there has been contamination due to leaks from the tanks or spills. In many cases there is, and sooner or later the County inspectors catch up with them.

Then the process of cleaning up the contamination begins, as was done at the corner of Massachusetts and Broadway, where barrels of contaminated dirt had to be hauled away - at a very high rate!

Senior singles to hold luau

Xtra Years of Zest (XYZ) for those age 50 and above, a singles group at Foothills United Methodist Church, announces its upcoming events:

August 25 - Sunday Supper Club - 4 p.m. Will be held at Carlos Murphy Restaurant, 5500 Grossmont Center Drive. Reservations are a must. Contact Gwen at 596-0248 or Estee at 258-5533.

September 3 - 6 p.m. - Luau. Will be held in King hall of the church, located at 4031 Avocado Blvd. Ladies should dress up in colorful mu-mus and gents should don those Hawaiian shirts. For more information, call Martha at the church office, 670-4009.

Study says Spring Valley is ready

The Spring Valley community has more than sufficient revenues to support cityhood, according to fiscal consultants who specialize in incorporation feasibility studies. The findings and conclusions of the eight-month study were released by cityhood proponents Wednesday at a news conference at the top of Dictionary Hill.

"This report shows Spring Valley can have dramatically higher levels of service and still enjoy a \$1.4 million revenue surplus," stated Chris Heiserman, coordinator of the cityhood effort. "We now know Spring Valley can afford to be a city," said Heiserman, "and now what we need is more volunteers to collect signatures."

With approximately half of the signatures needed, the effort must still obtain about 4,000 signatures by the end of September. Anyone wishing to help circulating petitions in Spring Valley should call 660-6684.

The proposed city of Spring Valley would have 65,000 residents.

Grossmont Hospital offers nutrition class

Would you like to learn how to eat to reduce fatigue, enhance performance and improve your overall health? The Wellness Center at Grossmont Hospital is offering a four-week course on eating for a healthy lifestyle. Learn nutrition basics including ways to manage your weight by identifying fats and calories in your diet. The next "The Skinny on the Fat" series is scheduled for September 9, 16, 23 and 30 from 7 to 8:30 p.m. Classes meet at the Wellness Center at Grossmont Hospital's Brier Patch Campus, 9000 Wakarusa Street. The cost for the series is \$40. For reservations or more information, call the Wellness Center at 668-4250.



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10463 Austin Drive, Suite L, Spring Valley

Worship Directory

LEMON GROVE LUTHERAN CHURCH
Corner Skyline & Alton Drive
Edward J. Volkmann, Pastor
Telephone: 465-7301
Worship 9:00 a.m. Sunday School 10:15 a.m.

**LEMON GROVE
CONGREGATIONAL
UNITED CHURCH OF CHRIST**
2770 Glebe Road • Lemon Grove
Edward & Joan Pettis, Co-Pastors
Sunday Worship & Church School
10:15 a.m.

Lemon Grove Assembly of God
Currently using the
Mount Miguel High School at
1800 Sweetwater Road
Worship Service and Bible Study
Sunday 10:00 a.m.
Pastor Jim Reed 461-7451

New Christian fellowship
Starting July 7
**CALVARY CHAPEL
LEMON GROVE**
Meets 9 a.m. Sunday
Lemon Grove Middle School Auditorium
(Corner of Lincoln & School Lane)
Child Care Provided

**Spring Valley
Community Baptist Church**
S.V. Community Center, 8735 Jamacha Blvd.
Frank D. Mealy, Pastor • 447-6723
Sunday School 9:30 Worship Service 10:45

Christian Science Church Services
First Church of Christ, Scientist, La Mesa
Corner of Palm and Allison, La Mesa
Sunday Service & Sunday School 10:00 a.m.
Wednesday Evening Meeting 7:30 p.m.
Child Care
All Are Welcome!



**Church of
Living Christianity**
10435 Campo Rd.
Spring Valley, CA 91977
The Rev. Dr. E. "China" Williams
Phone 670-4033
Sunday Service 10:00 a.m.
Weddings • Spiritual Counseling

**ST. JOHN OF THE CROSS
CATHOLIC CHURCH**
8086 BROADWAY
LEMON GROVE, CA 92045
PASTOR MSGR. RAYMOND C. KIRK
Call Rectory for information
and Mass Schedule. 466-3209

Your church could be in the Worship Directory.
Call 469-0101 for rates and other information.